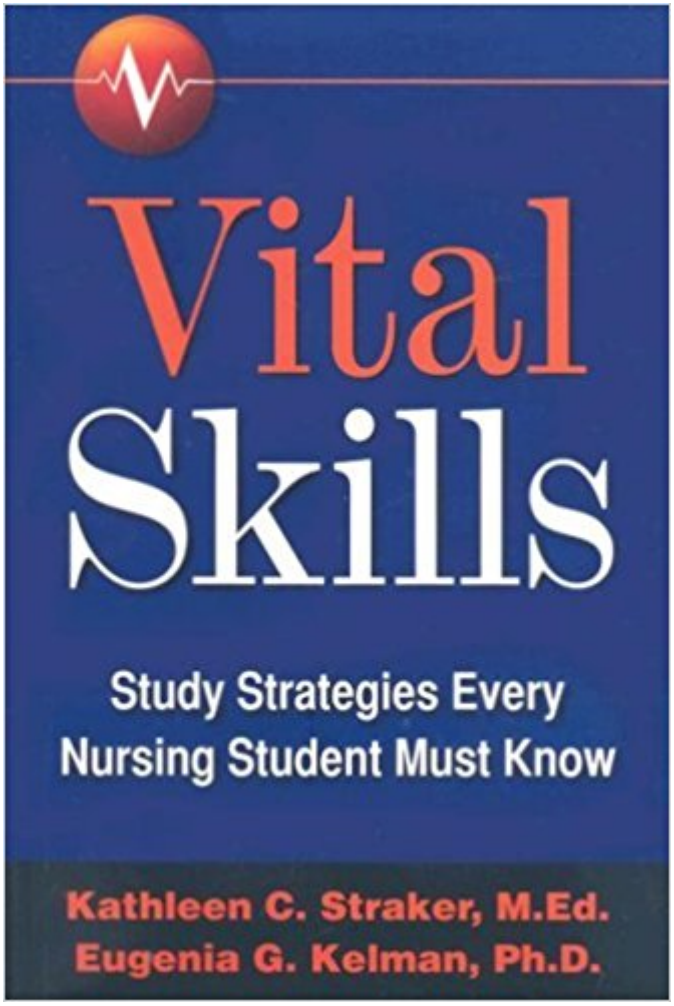
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Vital Skills



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Synopsis

If you are looking for a systematic approach to your studies, look no further. The authors of Vital Skillsare study skills experts who have researched and tested the strategies taught in this book. Vital Skills will teach you how to: plan and manage your time; get the most out of lectures; organize your notes; improve your long-term memory; reduce test anxiety; prepare for exams.Vital Skills contains exactly what you need to know and do to achieve academic success!

Book Information

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Customer Reviews

I would highly recommend this workbook for any beginning nursing major. It is an excellent document that addresses all the essential study skills nursing students need to know in order to be successful in their nursing education. --Pamela K. Friesen, PhD, RN, Associate Professor, Bethel University, St. Paul, MinnesotaThis guide is easy to follow and user-friendly with engaging exercises. The time management and organizational skillswill assist students in becoming life-long learners and will be utilized in their every day nursing careers --Janie Perez, MA, RN, PNP, Clinical Transplant Manager, Stanford University Medical Center, Stanford, CaliforniaThis guide is easy to follow and user-friendly with engaging exercises. The time management and organizational skillswill assist students in becoming life-long learners and will be utilized in their every day nursing careers --Janie Perez, MA, RN, PNP, Clinical Transplant Manager, Stanford University Medical Center, Stanford, California

Kathleen Straker, M.Ed., is a reading specialist who has worked in nursing education and medical education for two decades. The study skills workshops she teaches have helped numerous students graduate to careers in nursing, medicine and research. Eugenia Kelman, Ph.D., is a cognitive-behavioral psychologist. She has served on the faculty and in the administration at Colorado State University in Ft. Collins, CO; The University of Texas Medical Branch, Galveston, TX and at Cornell University in Ithaca, NY.

Simple to follow& gives the basics on modern writing

Such a boring book!

Book was in a perfect shape. Was brand new!!!

Awesome!

As described, new

I am currently a nursing student, and we had the chance to take a student success course as an elective. This was the book assigned to the class, and I was blown away by how helpful it was. I am doing better in my classes thanks to this book. I recommend this to any nursing student, and I have told other friends about it at different nursing schools. It is awesome!!! 5 stars!

OMG! Absolutely blown away by the content in this book. This little book does pack a serious punch. Every tip and strategy in this book is extremely helpful and has really helped me make improvements in my study habits and time management. I highly recommend this book to all nursing students and students from other professions. We even got a chance to meet the author, and it was truly amazing!

I just love this book, and would recommend it to all college students.

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